

# Your most important patient is you!



Studies have been conducted by universities, national, state and county medical associations as well as large healthcare institutions to determine the level of physician "burnout". Glaring statistics report 46% of physicians are or have experienced "burnout".



# Caring for Your Most Important Patient



The program is sponsored by the Knoxville Academy of Medicine Foundation (KAMF). If you would like to make a contribution to this 501(c)3 organization, mail your tax deductible check to :

KAM Foundation  
115 Suburban Road  
Knoxville, TN 37923  
(865) 531-2766

or donate online at:  
[knoxvillemedicine.org](http://knoxvillemedicine.org)

# Physician Vitality Program



**KAM**  
KNOXVILLE ACADEMY OF MEDICINE  
**FOUNDATION**

# The First Step:

The first step to solving a problem is to recognize it and consider its ramifications.

- Lower quality of care
- Higher medical error rate
- Staff turnover within a practice
- Physician substance abuse
- Physician suicide

# Confidentiality:

A major deterrent to seeking help for this epidemic in healthcare is the concern for confidentiality. The Knoxville Academy of Medicine is addressing this obstacle and offering its members a unique and secure counseling solution to getting the needed help.

*Custom made for physicians*



# How It Works:

- Appointment hours are flexible to accommodate a physician's schedule
- Appointments are made via a dedicated and confidential phone source
- No diagnosis is made, no insurance billed and no electronic medical records created
- Free to all Physicians in the Knoxville Academy of Medicine (First six sessions)
- No information disclosed to others without written consent
- No role in disciplinary or fitness-for-duty evaluation
- Coaching and Education Opportunities
- All counseling sessions are off campus of medical society, hospitals, and practice
- Complete Anonymity

# A Free Program to Support KAM Members

Call this confidential and secure number at (555) 555-5555 to schedule your first appointment. Build a plan to equip yourself with the tools necessary to become the best physician you can be.

